ForEach Method in Java 8

* External Loops
* Internal Loops

Traditional Java Loops like as below –

For(int i=0;i<=10;i++){} // old java loop

Or

For(int I in ArrayList){} // Enhance for loop

These loops both type of loop are called External Loops. Because these loops are outside the collection and from outside they are fetching values.

Like values are inside a box and you are putting your hand from outside to inside the box to put out values. Hence they are called External Loops.

In 1.8 , We have Internal Loops –

Arraylist.foreach(I -> System.out.println(I));

// Foreach is the internal part of collection.